

ST. PAUL'S NEWS

ST. PAUL'S EPISCOPAL CHURCH - LANSING, MICHIGAN

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September 2016



Welcome Back!

By The Rev. Karen C. Lewis

I pray everyone's summertime was all that you needed it to be as it comes to a close, and we return to the 'regular' church schedule. It will be good to have the community back together. Once upon a time, summer was considered the 'slow time' of the church year, but I don't think that has been true for years now.

You will note some of the fruits of our summer labor—the Women's Restroom in the Music wing has been renovated and is much more accessible for those who are physically challenged; the apartment upstairs has been cleaned, plumbed, painted, and fixed; the hallway in the music wing has been stripped and prepped for painting; but we are still challenged to find a way to climb up the 47 feet necessary to reach the access panel in the Nave so that the lights can be changed. (It seems there is only one 60-foot ladder available in the surrounding 5-state area. Our lighting company seems to be a bit befuddled on how to change our light bulbs.)

A group of nine (6 youth and 3 adults) traveled to Charlotte, North Carolina, for a week-long RSCM intensive training in choral music culminating in a concert; Dr. Timothy Flynn has settled in over the summer and has already planned the next several months of music for our choirs; he will also be leading our special Service of Remembrance on August 26th for those who have lost brothers and sisters in the LGBT community; Vacation Bible School once again was a gift to so many children; and staff has spent significant time in planning activities and liturgy for the next nine months.

We also experienced the loss of a faithful colleague in ministry this summer. There was no greater friend to those in need than Bill Fineout. We celebrated his life and tremendous ministry as we grieved the loss of someone who had still so much to give. Our community gathered together on that special day to give honor and respect to one of God's beloved children.

In the midst of all of that, regular staff responsibilities continued—Sunday service, pastoral care, bookkeeping, cleaning, our Tuesday noon healing service; initiating the budgeting process for 2017; it has been busy!!!!

I hope you all return rested and ready to go as God has much in store for us this next year. I look forward to hearing about all of your summer adventures and how God was busy in your lives!

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...and more!



We're on the web!
www.stpaulslansing.org

Yes, Episcopalians do read the Bible

By The Rev. Karen C. Lewis

There are those in our world who would suggest that Episcopalians are not Bible-based. Obviously these folks are not familiar with our Book of Common Prayer, as a significant portion of what we pray is grounded in Scripture. But there is always much more to learn and we Episcopalians have not always been good about studying our Scripture. So have I got an opportunity for you!

The St. Paul's Bible Study group will begin its 2016-2017 meeting on Sunday, September 18th at 6:30PM in the Van Atta Room. Last spring we started studying the Gospel of Luke and will continue those efforts throughout the next year. Do not be afraid to join the group as we love first timers! You do not need to have any Bible background. All you need is a Bible and if you don't have one, I'll provide you with one. We will help you catch up. We have a great deal of fun together. And the group consists of all forms and types of personalities, so asking questions is not an issue. In fact, we welcome it as it usually leads us into areas of discussion we had not thought of earlier.

Come join us as we learn, laugh, and dig into the Biblical word and world. I guarantee it will change the way you hear and understand Scripture. Our meeting dates for the next year are all on Sundays from 6:30 -8:00 pm. They are:

September 18 - Chapter 6
October 2 - Chapter 7
October 16 - Chapter 8
November 6 - Chapter 9
November 20 - Chapter 10
December 4 - Chapter 11
January 8 - Chapter 12
January 22 - Chapters 13 & 14
February 5 - Chapters 15 & 16
February 19 - Chapters 17 & 18
March 5 - Chapters 19 & 20
March 19 - Chapters 21 & 22
April 2 - Chapter 23
April 30 - Chapters 24 & 25

Safe Travels, Matt! Welcome, Justin!

By The Rev. Karen C. Lewis

Matt Pauly, husband of Mindy Morgan and father of two delightful young ladies, Amelia and Nadia, has won a U.S. Scholar Fulbright grant for archival research in Odessa, Ukraine. He will be working in the Ukraine for the course of the Fall 2016 Semester. This grant provides him with the resources needed to conduct work on a key component of his next book project. Grants of this nature are very few and far between and we celebrate with Matt this tremendous gift. Matt is an associate professor of history at MSU and, according to the department website, among other things, he holds interests in the histories of childhood and youth, education, nationalism and national identity, and human rights and is a regular commentator on historical and contemporary events in Ukraine, Eastern Europe, and Russia.

This does mean, however, Matt will be leaving Mindy and the girls behind for several months. I promised Matt that we would support Mindy in any way possible and all she need do is ask. Matt also has resigned from his position as a Vestry member. He will be missed as his voice was important to our discussions.

The Vestry at its meeting on August 15th accepted Matt's resignation, wished him well on his study abroad, and appointed Justin Alexander to fulfill the remaining

portion of Matt's term. Justin came to us approximately a year ago and was received into the Episcopal Church by Bishop Gibbs this past May. He is also one of our newest chalice bearers. Justin works for the Michigan House of Representatives, and will be happy to share with you, if asked, about his recent missionary trip to Haiti. Welcome, Justin, we are glad to have you among us.

Hello
my name is

Nametags!

We welcome new folks into our worship almost every Sunday. One of the best ways to be intentional about our joy in having them here is to wear your nametag! Please, please, please, wear your nametag—you might be surprised who may be a long time member but doesn't yet know your name. This is one small way we invite others to join us in ministry. If you need a nametag, please let Theresa know in the office and we will obtain one for you.

Spotlight on St. Paul's Newcomers



Captured at a recent 'Girls on the Run' event are (relatively) new St. Paul's Parishioners: Marty and Michelle Snitgen, with their children Jocelyn and Colin; and Justin Alexander and Katie Johnson. Michelle and Katie are both coaches for 'Girls on the Run', a youth development program for girls in grades 3-8 that incorporates running and positive self-image. Their team this past year was a group from Willow Ridge Elementary in Grand Ledge.

Since joining St. Paul's, Colin and Jocelyn Snitgen, as well as Katie Johnson, have been baptized; and Justin was received into the Episcopal Church. Marty is an English and history teacher at Morrice High School; Michelle has recently left the Michigan Fitness Foundation for a new job within Career Services at Michigan State; Justin is a staffer at the Michigan House of Representatives; and Katie is a grant manager for Safe Routes to School, a program at the Michigan Fitness Foundation. The Snitgens live in Grand Ledge; Justin and Katie live in downtown Lansing.

“Discerning Your Gifts from God” Scheduled for Sunday, September 18

By Mark Rudd

Each of us is a gift package from God. Everything about us is a gift, not just our talents and skills. "Discovering Your Gifts" is geared to helping us make better choices as stewards of our gifts.

In preparation for the St. Paul's Ministry Fair on October 16, the Stewardship Ministry Team and Annual Pledge Drive Committee invites you to stick around after the 10AM church service on September 18 to participate in a workshop designed to help you identify your God-given gifts. Karen will lead us through a series of exercises in this "Discerning Your Gifts from God" workshop. It will only take about one hour of your time.

In conjunction with this event, we will hold one of St. Paul's world famous potlucks. Drinks, plates, napkins, and cutlery will be provided; all you will need to bring is a pot luck dish. There will be a sign-up sheet in the Merrifield Room.

On October 16, our Ministry Fair will celebrate who we are and what we do here at St. Paul's. You will have an opportunity to learn about the different ministries/committees, and talk with members who have felt "called" to serve on them. And perhaps, using what you have learned about yourself in the "Discerning Your Gifts

from God" workshop, you will find a ministry for which you would like to volunteer your time and talents.

All for the glory of God, and his son, our Lord and Savior, Jesus Christ.

Remember to help the residents of Maplewood!

Reminder – Personal care items for women and children are being collected and given to Maplewood, a shelter for women and children located on South Cedar Street, a service of the City Rescue Mission. Homeless and needy women, many with children, benefit from our donations. Toiletries are collected for those in need. Personal care amenities like the ones travelers find in their hotel room and/or small samples that can be purchased at grocery and drug stores are what are needed. Donations must be new and not opened. Examples include: soap, shampoo, lotion, hair conditioners, toothpaste, combs, deodorant, etc.

There is a shopping bag on the Needs Table in the cloister where you may place your donations. When the bag is full, the contents are delivered to Maplewood as a gift from St. Paul's.

PARISH NEWS & EVENTS



Fall Blood Drive on Saturday, October 1st

By Libby Richardson

The Fall Blood Drive will be early this year due to the MSU Football games. Saturday, October 1st is the date from 8:00AM to 2:00PM. If you are a regular donor, please check your calendar so you can give.

We will need help with set-up, tear-down, sandwiches, and working the day of the drive. We will begin Sunday sign-up on August 28th in the Merrifield Room. Again this is very early this year and we need all the help and support we can get. Thank you.

Men's Breakfast Begins Again September 15

By Mark Rudd

MEN- You are cordially invited to participate in St. Paul's Men's Breakfast group. This is not an exclusive club but just a bunch of guys who like to have a good hearty breakfast once a month, solve the world's problems in a friendly atmosphere, and do a little Bible study. Sound fun? You bet!

We meet on the third Thursday of each month, September through May, from 7-8:00AM in the Hill Room for breakfast and spiritual discussion. And at \$6, our breakfasts are still the best deal in town!

We will finish discussing Walter Brueggemann's "The Bible Makes Sense", which we started last year. Don't worry if you don't have a copy; our group facilitators are highly trained and will make sure that you have what you need to competently discuss any topic. After that, we will collectively choose a new program.

What better way to start your day whether you are headed off to work, or home to cut the lawn/shovel snow, or hit the couch for that morning nap? Our first breakfast is scheduled for Thursday, September 15th. The sign-up sheet can be found in the Merrifield Room.

Please contact Mark Rudd (517-614-2537, or mrrudd57@yahoo.com) if you have any questions. We are looking forward to having you join us this year!

ERD Book Sale: Looking Ahead

By Sue Millar

Most of the SPN readers are familiar with the annual used book sale that occurs in February. For over ten years our parish family has donated books that are then sold to the parish and public. Funds from this sale support Episcopal Relief and Development, an outreach of the National Church. Each year we have been able to send over \$1,000 to this organization that brings hope and life-saving help to people in need. (Their website, ER_D.org, can give you details.)

This year Amanda Ross has generously agreed to organize this event. The success of this fund-raiser depends on book donations from everyone as well as help from many volunteers to help sort and sell the books.

February is a long way off, but we need you to begin NOW saving books that you have already enjoyed and don't expect to read again. We call this a WIN-WIN experience: you "win" when your donated books are sold and funds are sent to ERD; you "win" again when you purchase books for your own enjoyment and enrichment at bargain prices. And not insignificant is the fact that when you clear your own shelves of unwanted books, you discover you do have room for new volumes!

So, save your books to donate in 2017, and let Amanda know if you would like to help sort or sell books come next February. We'll be glad you did and so will you!

*Need a Prayer Quilt? Know a parishioner who would like a Prayer Quilt?
Please let us know by filling out a prayer quilt request form – on the
table in the Merrifield Room.*

PARISH NEWS & EVENTS

Music Notes - September 2016

Choir Rehearsals Resume this month! The Children's Choir will resume rehearsals on Wednesday, Aug. 31 at 5:30 in the choir room. This choir is appropriate for children who can read up through 8th grade. The Youth Choir – our high school ensemble – will resume rehearsal on Thursday, Sept. 1 at 6 pm followed by the Adult Choir at 7 pm. Both choirs will meet in the choir room. For more information, please contact Dr. Flynn at tflynn@olivetcollege.edu. We look forward to an exciting season!

Fall Recital Series Begins September 25th

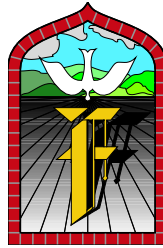
St. Paul's will be hosting a series of professional concerts and recitals this fall beginning with the Durant St. Winds. A chamber wind ensemble consisting of principal players from the Lansing, Battle Creek, and Kalamazoo Symphonies, the Durant St. Winds is mid-Michigan's premiere chamber wind ensembles. They will be the first in our recital series on Sunday, Sept. 25 at 4 pm in the church. All are welcome and admission is free, so bring your family and friends! For more information, please contact Dr. Flynn at tflynn@olivetcollege.edu.

St. Paul's Grounds Need Your Help

By Mark Rudd

Have you noticed that this warm, dry summer has been a boon to weed growth? I don't know about you, but it's been a constant battle in my yard and flower beds. That's happening on St. Paul's grounds, too, especially in the Memorial Garden. We need your help to pull weeds! Whenever the Spirit moves you, morning, noon, or night, Sunday through Saturday, please feel free to roam the grounds and pull weeds to your heart's content.

There will be a bucket available in the Memorial Garden to put the weeds in as you pull them. You can empty the bucket in a large, paper leaf bag next to the Memorial Garden church entrance. Any help you can provide will be greatly appreciated. Some parishioners have found this kind of work to be very meditative and therapeutic. If you have questions, or just want to me to know you're "punching the clock" on pulling weeds, please feel free to call me at 517-614-2537. On behalf of the Building & Grounds Ministry Team, we thank you.



Four F's: Faith, Food, Fellowship, and Fun!

On the Third Mondays of Each Month

By Mark Rudd

These four "F's" constitute the cornerstones to a long running monthly program here at St. Paul's. Do you have an hour or two once a month to get together in fellowship, break bread, learn something new, and have some fun in the process? If so, the Four F's Program is for you.

We meet mostly on the third Monday each month, from 12:00-2:00 p.m., in the Hill Room. The annual Christmas choral program will meet earlier in December, and we will not meet in March due to Lent and Holy Week. Look for announcements in the monthly St. Paul's Newsletter and weekly Sunday bulletins for what the program will be and when it will meet.

This year, we are trying something new for the "Food" portion of the program—we are asking you to bring a "sack lunch." Plates, cutlery, napkins, dessert and drinks will be provided.

We will eat lunch and solve the world's problems from 12:00-12:25 p.m. Karen will then lead us through a Bible study from 12:25-12:45 p.m., followed by the monthly program until 2:00 p.m. Please be sure to sign-up in the Merrifield Room so we have an idea of how many are coming for the program.

We are looking at the following program presentations for this year:

- More stories from Mackinac Island's Grand Hotel
- "Promoting Michigan's Backroads" (Ron Rademacher)
- "Michigan Counties A-Z" (Barb Vandermolen)
- A Christmas Choral Program
- The Davies Project: "Health Programs for Children"
- The Impact of St. Paul's Parishioners on the History of Lansing
- "The History of Fenner Arboretum Nature Center" (Ron Eggleston)
- Annual Potluck/Program Evaluation (May)

We hope you will join us this year for faith, food, fellowship, and fun in our Four F's Program.

YOUTH

Youth Choir Trip to Charlotte, NC

Below Hope Milne describes in wonderful detail her impressions of some of the experiences and intensive training she and eight other St. Paul's choristers underwent this summer at choir camp in North Carolina. Jim Milne, and Larry and Larissa Clark were chaperones and attended adult choir activities. The young choristers from St. Paul's were Emma Clark, Hope Milne, Kaitlyn Narezo, and Frankie, Sara, and Paulie Nevin.

By Hope Milne

For a week in July, six teen and three adult members of the St. Paul's choirs attended the Royal School of Church Music in America at Queens University in Charlotte, North Carolina. I know I speak for all who attended that we are thankful to everyone at St. Paul's for sponsoring us and providing us with this opportunity. Thank you to one and all.

RSCM was a great and fun learning experience! When we first arrived, the proctors told us to go to Myers Park Baptist Church across the street for auditions with the course instructor, Sarah MacDonald. She wanted to evaluate us and see what we knew. We started off with warm ups, we went up and down scales, and sang vowels. Then she would give us a note on the piano and tell us to sing a fifth up from it. That was a disaster! Many of the youth, myself included, didn't know what to do, and she ended up having to give us the note on the piano. She also told us to sing a certain note, which was difficult for some of the youth. We learned quickly that we had our work cut out for us. After the auditions we had a full rehearsal. Ms. MacDonald had us run through ALL of the music; she wanted to see what we needed to work on. That was chaos since all of us hadn't sung together before.

Every morning, Ms. MacDonald would work with sections. It was tough work; we had to mark in our music where she gave us permission to breathe. She never wanted a mistake to be made twice, and wanted us to improve each time we sang. She would fix small things like the altos being too flat, or pronouncing words like "alleluia". We stood a lot in rehearsal, and rarely were able to sit down!

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YOUTH

By Jackie Womble

Welcome back!!!

I hope your summer was restful and rejuvenating! It's hard to believe fall is here but we are so excited for the new Sunday School year! We will be using the Feasting on the Word curriculum again this year. **On Sunday, September 11th we will resume classes at 9:45AM for preschool thru 7th graders.**

Youth Group

Youth Group will begin on **Sunday, September 18th at 5:00PM** in the Hill Room. Youth in grades 8 through 12 are welcome to join us!!!

Children's Sabbath

We will be celebrating Children's Sabbath on Sunday, **October 9th at the 10:00 AM service.** The youth will lead us in worship, and Eric Travis, the Diocesan Youth and Young Adult Missioner, is our guest preacher.

After a potluck lunch Eric will be leading an Anti-Bullying Workshop! Come join us for lunch and conversation!

Notes from the Royal School of Church Music in America at Charlotte, North Carolina

By Jim Milne

- Charlotte in July is HOT and HUMID! The heat index was in the 100's pretty much all week. Fortunately every place is air conditioned.
- Everything they say about Southern hospitality is true. Beginning with the course director, Alan Reed, picking us up at the airport in St. John's Episcopal Church's van. During the ride to Queens University, Alan told us about St. John's Episcopal Church and the Royal School of Church Music (RSCM) in America course in Charlotte. This was their 13th year.
- The St. Paul's group had numerous opportunities to be Michiganders and point to our left hands when we tell people where we're from, or when I explained what my M-22 t-shirt means. Other course participants might make fun of our pointing at our hands, but it helps.
- The Myers Park area next to Queens University has lots of beautiful, big homes. It reminds me of Birmingham and East Grand Rapids.
- I started my day on Tuesday through Friday by attending an optional Eucharist service in the lobby of Belk Hall, the dormitory where the youth stayed. It was a nice way to get centered and begin my day. The course

chaplain, Fr. Ed Pickup, told us whose feast day it was in his homily.

- Most of our rehearsals and our Evensong services were held at Myers Park Baptist Church, which is across the street from Queens University.
- At our first rehearsal, there was only one person who was in the Bass 2 section. So they asked who in the Bass 1 section can sing a low E. Apparently my answer, "only when I have a bad cold", was considered "close enough for church" because Larry Clark and I were moved to the Bass 2 section. I can't speak for Larry, but I only learned the Bass 1 parts, so I had to play catch up to learn my parts.
- After breakfast we'd have a sectional rehearsal. Then, while the youth were in sectional rehearsals, music theory or sight reading classes, I'd find an available room with a piano to rehearse my parts.
- After lunch, the adults would have free time until 2:30, when we'd have a seminar. At 4:00, we'd have a full rehearsal before dinner. After dinner we'd have another full rehearsal to go over the service music for that day's Evensong service. Following Evensong, many of the adults

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A Quiet Presence

By The Rev. Karen C. Lewis

Perhaps you have noticed him and, perhaps not, as he is very quiet. Keivan Bahmani moved into our St. Paul's apartment on the 20th of August, and we are delighted to welcome him among us. Keivan was born in Iran (Kurdistan) and is here in the US to continue his education at MSU. And what an interesting field he is studying: continuing his Ph.D. work on his thesis on the genetic and biochemical assessment of elite fennel landraces and synthetic cultivars. Who even know this was a field to study?

Keivan speaks three languages (Kurdish, Persian, and excellent English) and enjoys traveling, hiking, swimming, gardening, cooking, shopping, and getting to know new people. He will be helping us with security and maintaining the building while here. Please introduce yourself to Keivan when you see him. God always sends us who we need when we need—so give thanks to God for the gift of Keivan.

Are you prepared for an Emergency?

By Sally Boron

Suddenly there is an emergency. Do you know what to do? Have you learned how to do CPR? Can you use an AED? Do you know how to stop severe bleeding? Trained first responders can assist calmly. Become one! Sign up to take a class.

St. Paul's is an American Red Cross Authorized Provider. We can provide instruction for: CPR, AED, first aid skills, using an Epi Pen and more. In 2015 the Red Cross and American Heart updated their courses based on new science which is now part of the classes we teach at St. Paul's.

The next CPR/AED/FA class will be offered October 15 for only \$30! (The same course is offered by the local ARC chapter for \$90.) The fee is waived for ushers and Sunday School teachers. Sign up in the Merrifield Room by September 25.

Are you currently certified? Persons who hold an unexpired CPR/AED/FA certificate need to renew every 2 years. A Review class will be offered on December 3, 2016. Those who became certified on November and December of 2014 will be contacted with details of the review class. Please save the date on your calendar now!

Class Information on Page 10

Youth Choir

continued from page 6

RSCM wasn't all work; we had breaks after rehearsals and sectionals. In the afternoon we would have rest time where we could catch up on our sleep, and free time where we could go to the store on campus, or go outside. Also, in the evenings we would play games like sharks and minnows. One night we had a talent show! My dad wrote and sang a song for the talent show. It was a lot of fun and we were laughing the whole time. Ms. MacDonald held auditions for solos in the music we were learning. Emma and Mr. and Mrs. Clark all sang solos!

I enjoyed theory class. Laura Lea was my teacher and she would have us start out with a human piano; she would give each person a note on the piano, and then point to us and we would have to sing the note. It was a little challenging since we would lose where our note was, or we were a little flat. We also had to write down the tune Laura Lea would play on the piano on staff paper. We would start out with the key signature, and then she would give us time to write each note down. I can't read treble clef very fluently (I'm an alto) so it was nice with a little time for each note. By the end of the week, I mastered the treble clef and my part in the human piano.

"RSCM was definitely a good learning experience for all of us. It was really cool to meet new people and try new things, and it was also neat to see how each of us responded to the musical challenges put in front of us. Because of this trip I feel so much closer to all the awesome people we went with! I am overall grateful to have been part of this trip." said Emma Clark when I asked her how she felt about the trip.

Kaitlyn Narezo said "I really enjoyed the music and learning from Sarah MacDonald."

The experience opened my eyes to how many different choirs there are from all over the country, and how much we don't know. I wasn't expecting the auditions, and I didn't know many of the things Ms. MacDonald asked us to do. I'm looking forward to learning many new things and new music with Dr. Flynn this year to better prepare us for the future, and build up our confidence when singing.

Thank you, St. Paul's for giving us this new opportunity to grow, and learn more as a family.

“We are born for and in community”

Mission and Outreach Ministry

By Sue LeDuc, Co-chair

“We are born for and in community” —this line from Rev. Lewis’s sermon of August 8th struck a chord: if ever there was a time that community is needed it is now. That is what Mission and Outreach is all about. “I am God’s child, deserving of love and respect, and God will use me to change the world.” A phrase we hear on the second Sunday of every month when we celebrate Baptism Anniversaries.

How do we—with our busy lives—find time to “change the world?” The answer is, that making an effort to help, to reach out, can make all the difference to someone. We cannot always know what our efforts have meant but that does not make them any less important. Let me give an example:

Marilyn Maloney takes our grocery products down the block to First Presbyterian Church for their food pantry. One day as she arrived, a woman noticed that she had laundry soap for the pantry. (You may remember that soaps, diapers, and cleaning products are not eligible for food stamps) The woman was so thrilled to have the soap to wash her family’s clothes she was practically in tears! A small but meaningful gift of community.

Mission and Outreach Ministry will strive to provide a monthly list of opportunities—large and small—for all of us to help. They may be something the entire parish will take part in...or individuals on their own time. They may be things we can do many times or once, seasonal or all the time. Look for our list – and change the world.

Paper and soap -

that's what we take!

All the nonparishable foods we receive are greatly appreciated by us and all of the people who benefit from them. We began to notice that not as many people were donating personal hygiene products, which are also greatly appreciated. We collect the 1st Sunday of every month!



We are looking for:

- Sponges
- Bathroom Cleaner
- Surface Wipes
- Multisurface Cleaners
- Paper Towels
- Toilet paper
- Tissues
- Napkins
- Dish Soap
- Toilet Cleaner

Kudos to so many!!!!!!!

By Rev. Karen C. Lewis

It used to be that the summer season was the slow time in our church year, but that no longer is true. We have been very busy at St. Paul’s, and I wish to give to all my sincere thanks for your hard work and generosity of time for two major events:

Bill Fineout’s Memorial Service – What a glorious celebration for a man beloved by so many. All hands were on deck as we welcomed many from our community and the diocese. My thanks to those who helped make the service the gift it was— Bishop Gibbs, Tim Flynn, Theresa Milne, Debby Pierce, our ushers, greeters, and choir members; chalice bearers and acolytes; all involved in setting up, serving, and cleaning up the reception; the folks from St. Katherine’s and All Saints’. This was a gathering that touched every heart present and honored Bill and his ministry. Thank you.

The Apartment – Our apartment was in need of some significant care before its newest resident could move in. Cleaning, painting, plumbing, electrical work, and many more tasks were accomplished by many hands—those hands belonged to Mark Rudd, Jim Milne, John David Hawkins, Theresa Milne, Lyn Zynda, Marty Snitgen, Allan Boron, and Jackie Womble. Thank you, thank you, thank you!

A special thanks to John David for his painting of the Women’s Restroom in the Music Building and for the anonymous donor of the funds to complete the renovation work. It looks great and is a gift to those physically challenged.

would congregate in the Lion's Den, a grill on campus, for snacks and beverages.

- At the end of every meal, one of the course proctors would lead us in an a capella version of "Non Nobis Domine", a three part canon attributed to William Byrd (1539-1623). Other groups eating in the cafeteria would applaud.

- Another RSCM in America tradition (that nobody told us about initially) is that a number of "murders" happen during the course, with the victims being proctors, the Music Director, or other course staff. The youth guess who the murderer is and the answer is revealed during the talent show on Saturday night. The most memorable murder happened at the end of one of our full rehearsals, when the course organist (having surreptitiously pulled out all the stops and turned up the volume on the organ) collapsed face down on the organ keyboard before falling off the organ bench to massive applause.

- There were a number of very talented acts during the talent show but most of the acts were way too serious. So the adults had to lighten things up a bit. I started that by singing "The RSCM Special", sung to the tune of "The Midnight Special". You had to be there to appreciate some of the lyrics. I was pleasantly surprised when the youth started harmonizing during the chorus. The talent show closed with the adults singing a satirical version of an Anglican Chant psalm.

- One of the course highlights was hearing the Clark Family Singers, Emma, Larissa and Larry, sing Soprano, Alto and Bass solos in Vaughn William's Mass in G Minor.

- I enjoyed the challenge of singing pieces like the Mass in G Minor and Gerald Finzi's "Lo, the Full, Final Sacrifice" that we wouldn't ordinarily sing at St. Paul's because they require large choirs (we had about 110 choristers in the course). I hope that the choirs will be able to sing some of our other pieces at St. Paul's.

- Other course highlights included Emma, Sara, Paulie, Kaitlyn and Hope singing William Harris' "King of glory, King of peace" as one of the Communion anthems during the Sunday morning service at St. John's Episcopal Church. Another highlight was hearing Frankie sing William Harris' version of "The Call" during the Sunday Evensong service at Myers Park Baptist Church.

- We worked hard all week. Harder, in fact, than I remember working when I went to a RSCM course in England when I was in high school. But we had a lot of fun too. I think we grew as singers but also from experiencing being part of the larger Episcopal Church in the United

States (and the worldwide Anglican Communion, considering that our Music Director is a Canadian who directs choirs at Selwyn College, Cambridge and Ely Cathedral in England).

CPR / AED / First Aid Offered!

St. Paul's is a registered ARC Authorized Provider of health and safety classes and is privileged to have two instructors - Sally Boron and Mark Rudd.

Who should take a class? Anyone! Save a life! Know what to do in an emergency! St. Paul's is encouraging all ushers and Sunday School teachers to be Red Cross certified. The course fee will be waived for ushers and Sunday School teachers.

TAKE A CLASS THIS FALL!

Step 1 – Register - details listed below. \$30 fee is payable by September 25.

Step 2 - Classes are condensed, computer driven, and streamlined. Participants take the CPR, AED, and First Aid course content on their own computer, at their own pace, over a 2-week time frame. Individual differences will determine the time line for on line completion. Allow 2 – 6 hours total. Upon completion, the participant will receive an email certificate of completion.

Step 3 - An approximately 2 ½ hour hands-on skill session with the instructors will complete American Red Cross certification requirements. At this session, skills are reviewed on video and demonstrated by instructors. Participants will practice the skills on manikins and with other materials.

ENROLL NOW:

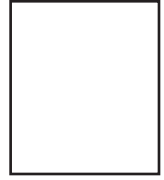
- Register by September 25, 2016 (Sun.) – signup sheets in the Merrifield Room or contact one of the instructors.
- Complete course content on your own computer by October 14.
- Skill class – **October 15, Saturday, 9:00AM** until about noon
- Class size is limited to a maximum of 10, minimum of 6.
- Contact Sally Boron or Mark Rudd for more information – sboron@casair.net or 517-669-9468 or MrRudd57@yahoo.com or 517-651-6999.

Calendar

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 The Rev. Lewis Away 9:00 AM Worship & Holy Communion in Merrifield Room 11:30 AM Margaret Gallup Internment - Memorial Garden	29 9:00 AM Bhutanese Refugee Support Group-Merrifield 5:30 PM Liturgy & Music Ministry	30 12:00 PM Worship & Healing Service	31 Theresa Milne Away 10:00 AM Staff Meeting 12:00 PM AA Meeting 5:30 PM Children's Choir Rehearsal 6:00 PM Stewardship/Pledge Drive Task Force-VanAtta 7:00 PM LDCA - Hill Room	1 OFFICE CLOSED 6:00 PM Youth Choir Rehearsal 7:00 PM Chancel Choir Rehearsal	2 OFFICE CLOSED 12:00 PM AA Meeting 7:00 PM MSU/Furman Concessions	3
4 FOOD BANK SUNDAY 9:00 AM Worship & Holy Communion in Merrifield Room	5 LABOR DAY - OFFICE CLOSED	6 12:00 PM Worship & Healing Service 6:00 PM Stewardship Ministry Team	7 10:00 AM Staff Meeting 12:00 PM AA Meeting 4:00 PM St. Aelred's Guild - VanAtta 5:30 PM Children's Choir Rehearsal 5:30 PM Mission & Outreach Ministry 7:00 PM LDCA - Hill Room	8 9:00 AM Fowler Organ-Sanctuary 6:00 PM Communications & Technology Ministry-VanAtta 6:00 PM Youth Choir Rehearsal 7:00 PM Chancel Choir Rehearsal	9 OFFICE CLOSED 11:00 AM Jack Woodward Visitation 12:00 PM AA Meeting 12:00 PM Jack Woodward Memorial Service-Sanctuary 1:00 PM Woodward Reception-Merrifield Room 6:00 PM Donaldson Wedding Rehearsal & Rehearsal Dinner-Sanctuary & Merrifield	10 Diocesan Council 3:30 PM Donaldson-Campbell Wedding
11 Baptism Anniversary Celebration RETURN TO TWO SERVICES @ 8:00AM & 10:00AM 8:00 AM Worship & Holy Communion in Chapel 9:00 AM Choir Rehearsal 9:45 AM Sunday School 10:00 AM Worship & Holy Communion in Sanctuary 11:30 AM Acolyte Training 2:00 PM St. Cecelia's Chorale Rehearsal 5:00 PM Lange Ensemble	12 9:00 AM Bhutanese Refugee Support Group-Merrifield 6:30 PM Building & Grounds Ministry--VanAtta Room	13 NO NOON SERVICE The Rev. Lewis - Fresh Start 6:00 PM B & PW	14 HOLY CROSS DAY The Rev. Lewis - Fresh Start 12:00 PM AA Meeting 5:30 PM Children's Choir Rehearsal 7:00 PM LDCA - Hill Room	15 7:00 AM Men's Breakfast 6:00 PM Youth Choir Rehearsal 7:00 PM Chancel Choir Rehearsal 11:59 PM SPN Deadline!!	16 OFFICE CLOSED 12:00 PM AA Meeting	17
18 8:00 AM Worship & Holy Communion in Chapel 9:00 AM Choir Rehearsal 9:00 AM Ushers Breakfast-Hill Room 9:45 AM Sunday School 10:00 AM Worship & Holy Communion in Sanctuary 11:30 AM Potluck/Discerning Your Gifts From God-Merrifield Room 2:00 PM St. Cecelia's Chorale Rehearsal 5:00 PM Lange Ensemble 5:00 PM Youth Group 6:30 PM Bible Study	19 9:00 AM Bhutanese Refugee Support Group-Merrifield 12:00 PM Four Fs--Hill Room 6:00 PM Vestry Dinner - Meeting @ 6:30 pm	20 12:00 PM Worship & Healing Service	21 10:00 AM Staff Meeting 12:00 PM AA Meeting 2:30 PM Clericus @St. Paul's Lansing - VanAtta 5:30 PM Children's Choir Rehearsal 6:00 PM Special Events Ministry Mtg-VanAtta 7:00 PM LDCA - Hill Room	22 6:00 PM Youth Choir Rehearsal 7:00 PM Chancel Choir Rehearsal	23 OFFICE CLOSED 12:00 PM AA Meeting	24 MSU/Wisconsin Concessions 4:00 PM Durant St. Winds Rehearsal-Sanctuary
25 8:00 AM Worship & Holy Communion in Chapel 9:00 AM Choir Rehearsal 9:45 AM Sunday School 10:00 AM Worship & Holy Communion in Sanctuary 2:00 PM St. Cecelia's Chorale Rehearsal 4:00 PM Durant St. Winds	26 9:00 AM Bhutanese Refugee Support Group-Merrifield 6:00 PM Recycling Ministry Team--VanAtta	27 12:00 PM Worship & Healing Service 12:30 PM St. Elizabeth Guild	28 10:00 AM Staff Meeting 12:00 PM AA Meeting 5:30 PM Children's Choir Rehearsal 7:00 PM LDCA - Hill Room	29 6:00 PM Youth Choir Rehearsal 7:00 PM Chancel Choir Rehearsal	30 OFFICE CLOSED 12:00 PM AA Meeting	1 Red Cross Blood Drive

St. Paul's Episcopal Church
218 W. Ottawa St.
Lansing, MI 48933



ST. PAUL'S STAFF

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The Rev. Karen C. Lewis

Associate Rector

The Rev. Susan Carter

Parish Administrator

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Youth & Family Missioner

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Sexton

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